Dear colleagues, dear friends!

I am delighted to welcome the delegates of the International Symposium «Cardiology of Today and Tomorrow: Prepared for the Future» in St.Petersburg. This new prominent forum is aimed at getting together the Russian and international physicians on the basis of a common goal – to improve medical care of cardiovascular patients. It will definitely become a significant event in the life of Saint-Petersburg medical community.

Our city is known as a cradle of long-lasting tradition of clinical and basic research in Cardiology, as well as a reputable school contributing a lot to reduction of cardiovascular morbidity and mortality. The Russian and European cardiologists have a longstanding history of partnership and fruitful cooperation in scientific and educational spheres, which became an example of innovative approach to integrate fundamental knowledge and clinical experience in line with a concept of translational medicine. Our joint efforts allow, while saving all that was the best in the history of Cardiology, to progress rapidly and reach the most advanced positions in the modern healthcare.

I hope you will enjoy the stay in our beautiful city with its palaces, art galleries, theatres, beautiful landscapes and famous Russian hospitality!

I am looking forward to meeting you in St.Petersburg.

Professor Evgeny Shlyakhto
FESC, FACC - General Director
Federal Almazov North-West Medical Research Centre
PRESIDENT OF THE MEETING

Prof. Evgeny Shlyakhto
General Director of the Federal Almazov North-West
Medical Research Centre, St. Petersburg, RU

LOCAL SCIENTIFIC SECRETARIAT

Prof. Alexandra Konradi
Deputy General Director for Research, Federal Almazov North-West
Medical Research Centre, St. Petersburg, RU

Prof. Sergey Nedogoda
Vice Rector for Clinical Work, Head of the Chair of Internal Diseases and
Endocrinology at the Volgograd State Medical University, Volgograd, RU

Prof. Grigory Arutynov
Head of the Chair of Internal Diseases and General Physiotherapy at
the Russian Pirogov National Research University, Moscow, RU

PROMOTED BY

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ORGANISING SECRETARIAT

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# PROGRAMME

## Thursday, September 21st, 2017

### Afternoon

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>04.00 p.m. - 06.45 p.m.</td>
<td><strong>OPENING CEREMONY</strong></td>
</tr>
<tr>
<td><strong>WELCOME ADDRESSES</strong></td>
<td></td>
</tr>
<tr>
<td>Evgeny Shlyakhto (St. Petersburg, RU)</td>
<td>President of the Meeting</td>
</tr>
<tr>
<td>Alessandro Casini (Florence, I)</td>
<td>President Fondazione Internazionale Menarini</td>
</tr>
<tr>
<td>04.30 p.m. - 05.15 p.m.</td>
<td><strong>MAIN LECTURES</strong></td>
</tr>
<tr>
<td>Evgeny Shlyakhto (St. Petersburg, RU)</td>
<td><em>Modern advances in heart failure</em></td>
</tr>
<tr>
<td>05.15 p.m. - 06.00 p.m.</td>
<td>Alberto Zanchetti (Milan, I)</td>
</tr>
<tr>
<td>Antihypertensive treatment: past, present and future</td>
<td></td>
</tr>
<tr>
<td>06.00 p.m. - 06.45 p.m.</td>
<td>Edward Lakatta (Baltimore, USA)</td>
</tr>
<tr>
<td>What is aging, is aging a cardiovascular disease?</td>
<td></td>
</tr>
<tr>
<td>06.45 p.m.</td>
<td>Welcome cocktail</td>
</tr>
</tbody>
</table>

## Friday, September 22nd, 2017

### Morning

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CARDIOLOGY OF TODAY</strong></td>
<td></td>
</tr>
<tr>
<td><strong>Session I – Essentials from European, US and National guidelines</strong></td>
<td></td>
</tr>
<tr>
<td>Chairpersons:</td>
<td>Enrico Agabiti Rosei (Brescia, I)</td>
</tr>
<tr>
<td></td>
<td>Alberico L. Catapano (Milan, I)</td>
</tr>
<tr>
<td></td>
<td>Vyacheslav Mareev (Moscow, RU)</td>
</tr>
<tr>
<td>09.00 a.m. - 09.30 a.m.</td>
<td>Enrico Agabiti Rosei (Brescia, I) In hypertension</td>
</tr>
<tr>
<td>09.30 a.m. - 10.00 a.m.</td>
<td>Vyacheslav Mareev (Moscow, RU) In heart failure</td>
</tr>
<tr>
<td>10.00 a.m. - 10.30 a.m.</td>
<td>Mario Marzilli (Pisa, I) Coronary stenosis and myocardial ischemia: an elusive link!</td>
</tr>
<tr>
<td>10.30 a.m. - 11.00 a.m.</td>
<td>Coffee break</td>
</tr>
</tbody>
</table>

*Philarmonia*

*Almazov Center*
### Session II - Arterial hypertension and end organ damage

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.00 a.m. - 11.30 a.m.</td>
<td>Alberto Zanchetti (Milan, I)</td>
<td><em>Antihypertensive treatment in the context of total cardiovascular risk</em></td>
</tr>
<tr>
<td>11.30 a.m. - 12.00 p.m.</td>
<td>Claudio Borghi (Bologna, I)</td>
<td><em>Uric acid and CV disease: how can we explain it?</em></td>
</tr>
<tr>
<td>12.00 p.m. - 12.30 p.m.</td>
<td>Alexandra Konradi (St. Petersburg, RU)</td>
<td><em>Hypertension and target organ damage</em></td>
</tr>
<tr>
<td>12.30 p.m. - 01.00 p.m.</td>
<td>Enrico Agabiti Rosei (Brescia, I)</td>
<td><em>Old and new treatments in hypertension</em></td>
</tr>
<tr>
<td>01.00 p.m. - 02.00 p.m.</td>
<td></td>
<td><em>Buffet Lunch</em></td>
</tr>
</tbody>
</table>

### Session III - Dyslipidemia and others comorbidities

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>02.00 p.m. - 02.30 p.m.</td>
<td>Giuseppe Mancia (Milan, I)</td>
<td><em>Sympathetic activation in cardiovascular diseases</em></td>
</tr>
<tr>
<td>02.30 p.m. - 03.00 p.m.</td>
<td>Francesco Fantin (Verona, I)</td>
<td><em>Obesity and CV risk in the elderly</em></td>
</tr>
<tr>
<td>03.00 p.m. - 03.30 p.m.</td>
<td>Alberico L. Catapano (Milan, I)</td>
<td><em>Intensive vs. early LDL lowering: two sides of the same coin</em></td>
</tr>
<tr>
<td>03.30 p.m. - 04.00 p.m.</td>
<td>Marat Ezhov (Moscow, RU)</td>
<td><em>Current pharmacological strategies in dyslipidemia management</em></td>
</tr>
<tr>
<td>04.00 p.m. - 04.30 p.m.</td>
<td></td>
<td><em>Coffee break</em></td>
</tr>
</tbody>
</table>
**Session IV - Changing the paradigm of illness**

<table>
<thead>
<tr>
<th>Chairpersons:</th>
<th><strong>Sergey Nedogoda</strong> (Volgograd, RU)</th>
</tr>
</thead>
</table>
| 04.30 p.m. - 05.00 p.m. | **Sergey Nedogoda** (Volgograd, RU)  
*Practical pharmacoeconomics of arterial hypertension* |
| 05.00 p.m. - 05.30 p.m. | **Andrey Kulikov** (Moscow, RU)  
*Pharmacoeconomics based decision-making process* |
| 05.30 p.m. - 06.00 p.m. | **Vasiliy Ryazhenov** (Moscow, RU)  
*Saving lives by new technologies* |

**Saturday, September 23rd, 2017**

**Morning**

**CARDIOLOGY OF TOMORROW**

**Session V - Ischemic heart disease and stable angina**

| Chairpersons: | **Filippo Crea** (Rome, I)  
**Yury Lopatin** (Volgograd, RU)  
**Juan Carlos Kaski** (London, UK) |
|---------------|--------------------------------|
| 09.00 a.m. - 09.30 a.m. | **Filippo Crea** (Rome, I)  
*Coronary stenosis and beyond* |
| 09.30 a.m. - 10.00 a.m. | **Yury Lopatin** (Volgograd, RU)  
*Patient after myocardial revascularization: what we need to know?* |
| 10.00 a.m. - 10.30 a.m. | **Juan Carlos Kaski** (London, UK)  
*Microvascular angina: importance, pathogenesis and management* |
| 10.30 a.m. - 11.00 a.m. | **DISCUSSION** |
| 11.00 a.m. - 11.30 a.m. | **Coffee break** |

| Chairpersons: | **Marta Carpani** (London, UK)  
**Juan Carlos Kaski** (London, UK)  
**Alexandra Konradi** (St. Petersburg, RU) |
|---------------|--------------------------------|
| 11.30 a.m. - 12.15 p.m. | **MAIN LECTURE**  
**Antonio Coca** (Barcelona, E)  
*Combination treatment and organ damage* |
| 12.15 p.m. - 01.30 p.m. | **Buffet Lunch** |
### Session VI - Heart failure

**Chairpersons:**
- Grigory Arutyunov (Moscow, RU)
- Andrew J.S. Coats (Melbourne, AUS)
- Carolyn Lam (Singapore, SGP)

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>01.30 p.m. – 02.00 p.m.</td>
<td>Grigory Arutyunov (Moscow, RU)</td>
<td><em>Natrium metabolism in the development of diastolic dysfunction</em></td>
</tr>
<tr>
<td>02.00 p.m. – 02.30 p.m.</td>
<td>Carolyn Lam (Singapore, SGP)</td>
<td><em>HFP EF of the future - treatments in the pipeline</em></td>
</tr>
<tr>
<td>02.30 p.m. – 03.00 p.m.</td>
<td>Petar M. Seferovic (Belgrade, SRB)</td>
<td><em>ESC/HFA guidelines 2016: a critical overview</em></td>
</tr>
<tr>
<td>03.00 p.m. – 03.30 p.m.</td>
<td>Andrew J.S. Coats (Melbourne, AUS)</td>
<td><em>Comorbidities in the complex heart failure patient</em></td>
</tr>
<tr>
<td>03.30 p.m. – 04.00 p.m.</td>
<td>Giuseppe Rosano (London, UK)</td>
<td><em>Management of comorbidities in heart failure</em></td>
</tr>
<tr>
<td>04.00 p.m. – 04.30 p.m.</td>
<td></td>
<td><strong>Concluding Remarks</strong></td>
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</tbody>
</table>
- Faculty List -

Enrico Agabiti Rosei (Brescia, I)
Grigory Arutyunov (Moscow, RU)
Claudio Borghi (Bologna, I)
Marta Carpani (London, UK)
Alberico L. Catapano (Milan, I)
Andrew J.S. Coats (Melbourne, AUS)
Antonio Coca (Barcelona, E)
Filippo Crea (Rome, I)
Marat Ezhov (Moscow, RU)
Francesco Fantin (Verona, I)
Juan Carlos Kaski (London, UK)
Alexandra Konradi (St. Petersburg, RU)
Andrey Kulikov (Moscow, RU)

Edward Lakatta (Baltimore, USA)
Carolyn Lam (Singapore, SGP)
Yury Lopatin (Volgograd, RU)
Giuseppe Mancia (Milan, I)
Vyacheslav Mareev (Moscow, RU)
Mario Marzilli (Pisa, I)
Sergey Nedogoda (Volgograd, RU)
Giuseppe Rosano (London, UK)
Vasiliy Ryazhenov (Moscow, RU)
Petar M Seferovic (Belgrade, SRB)
Evgeny Shlyakhto (St. Petersburg, RU)
Alberto Zanchetti (Milan, I)
MEETING VENUE
The venue for the Opening Ceremony will be the Philarmonia - Nevski Avenue 30, St. Petersburg.

The venue for the Meeting will be the Federal Almazov North-West Medical Research Centre 2 Akkuratova st., St. Petersburg.

SECRETARIAT DURING THE MEETING
The Secretariat will be open at the following times:
At Philarmonia:
Thursday, September 21st, from 03:00 p.m. to 07:00 p.m.

At Federal Almazov North-West Medical Research Centre:
Friday, September 22nd, from 08:00 a.m. to 06:00 p.m.
Saturday, September 23rd, from 08:00 a.m. to 04:30 p.m.

OFFICIAL LANGUAGE
The official language of the Meeting will be English. A service of simultaneous translation from English to Russian will be provided.

REGISTRATIONS
The Meeting is free to attend.
Please confirm the participation to the Organizing Secretariat: DueCi Promotion srl
Phone: +39 051 4841310 - Fax: +39 051 247165
E-mail: fschiassi@duecipromotion.com; afrignani@duecipromotion.com within September 8th.
TECHNICAL FACILITIES

Facilities will be available for computer presentations and overhead projections. A business center with PC (PowerPoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

At **Philharmonia:**
Thursday, September 21\(^{st}\), from 03:00 p.m. to 07:00 p.m.

At **Federal Almazov North-West Medical Research Centre:**
Friday, September 22\(^{nd}\), from 08:00 a.m. to 06:00 p.m.
Saturday, September 23\(^{rd}\), from 08:00 a.m. to 04:30 p.m.

HOTEL ACCOMMODATION

For information on hotels in St. Petersburg, please refer to our local agency:
Events Plus - E-mail: viktoria@conferencesandcongresses.ru

LUNCHES AND COFFEE BREAKS

Lunches and coffee breaks will be served in the Meeting area.
For more information and registration please visit:  
www.fondazione-menarini.it