INTERNATIONAL SYMPOSIUM ON:

CARDIOLOGY
OF TODAY AND TOMORROW:
PREPARED FOR THE FUTURE

St. Petersburg (Russia)
September 21st – 23rd, 2017

PHILARMONIA &
ALMAZOV NATIONAL
MEDICAL RESEARCH CENTRE

Organized by: ALMAZOV CENTRE, ST. PETERSBURG
Dear colleagues, dear friends!

I am delighted to welcome the delegates of the International Symposium «Cardiology of Today and Tomorrow: Prepared for the Future» in St.Petersburg. This new prominent forum is aimed at getting together the Russian and international physicians on the basis of a common goal – to improve medical care of cardiovascular patients. It will definitely become a significant event in the life of Saint-Petersburg medical community.

Our city is known as a cradle of long-lasting tradition of clinical and basic research in Cardiology, as well as a reputable school contributing a lot to reduction of cardiovascular morbidity and mortality. The Russian and European cardiologists have a longstanding history of partnership and fruitful cooperation in scientific and educational spheres, which became an example of innovative approach to integrate fundamental knowledge and clinical experience in line with a concept of translational medicine. Our joint efforts allow, while saving all that was the best in the history of Cardiology, to progress rapidly and reach the most advanced positions in the modern healthcare.

I hope you will enjoy the stay in our beautiful city with its palaces, art galleries, theatres, beautiful landscapes and famous Russian hospitality!

I am looking forward to meeting you in St.Petersburg.

Professor Evgeny Shlyakhto
FESC, FACC - General Director
Almazov National Medical Research Centre
PRESIDENT OF THE MEETING

Prof. Evgeny Shlyakhto
General Director of the Almazov National Medical Research Centre, St. Petersburg, RU

LOCAL SCIENTIFIC SECRETARIAT

Prof. Alexandra Konradi
Deputy General Director for Research, Almazov National Medical Research Centre, St. Petersburg, RU

Prof. Sergey Nedogoda
Vice Rector for Clinical Work, Head of the Chair of Internal Diseases and Endocrinology at the Volgograd State Medical University, Volgograd, RU

Prof. Grigory Arutynov
Head of the Chair of Internal Diseases and General Physiotherapy at the Russian Pirogov National Research University, Moscow, RU

PROMOTED BY

Fondazione Internazionale Menarini
Centro Direzionale Milanofiori
Edificio L - Strada 6
20089 Rozzano (Milan, Italy)
Phone: +39 02 55308110
Fax: +39 02 55305739
E-mail: milan@fondazione-menarini.it
www.fondazione-menarini.it

ORGANISING SECRETARIAT

DueCi Promotion srl
Via L.C. Farini, 28
40124 Bologna (Italy)
Phone: +39 051 4841310
Fax: +39 051 247165
E-mail: fschiassi@duecipromotion.com
afriignani@duecipromotion.com
www.duecipromotion.com
### Opening Ceremony

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>04.00 p.m. - 04.15 p.m.</td>
<td>Welcome addresses&lt;br&gt;Evgeny Shlyakhto (St. Petersburg, RU) President of the Meeting&lt;br&gt;Alessandro Casini (Florence, I) President Fondazione Internazionale Menarini</td>
</tr>
<tr>
<td>04.15 p.m. - 04.30 p.m.</td>
<td>Main lectures&lt;br&gt;Evgeny Shlyakhto (St. Petersburg, RU)&lt;br&gt;Modern advances in heart failure</td>
</tr>
<tr>
<td>04.30 p.m. - 05.15 p.m.</td>
<td>Alberto Zanchetti (Milan, I)&lt;br&gt;Antihypertensive treatment: past, present and future</td>
</tr>
<tr>
<td>05.15 p.m. - 06.00 p.m.</td>
<td>Edward Lakatta (Baltimore, USA)&lt;br&gt;What is aging, is aging a cardiovascular disease?</td>
</tr>
<tr>
<td>06.00 p.m. - 06.45 p.m.</td>
<td>Welcome cocktail</td>
</tr>
</tbody>
</table>

### Thursday, September 21st, 2017

**Afternoon**

**Philharmonia**

**Main Lectures**

- **04.00 p.m. - 04.15 p.m.**
  - Evgeny Shlyakhto (St. Petersburg, RU)
  - Modern advances in heart failure

- **04.15 p.m. - 04.30 p.m.**
  - Alberto Zanchetti (Milan, I)
  - Antihypertensive treatment: past, present and future

- **04.30 p.m. - 05.15 p.m.**
  - Edward Lakatta (Baltimore, USA)
  - What is aging, is aging a cardiovascular disease?

- **05.15 p.m. - 06.00 p.m.**
  - Welcome cocktail

### Friday, September 22nd, 2017

**Almazov Centre**

**Cardiology of Today**

**Session I - Essentials from European, US and National guidelines**

**Chairpersons:**
- Enrico Agabiti Rosei (Brescia, I)
- Alberico L. Catapano (Milan, I)
- Vyacheslav Mareev (Moscow, RU)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.00 a.m. - 09.30 a.m.</td>
<td>Enrico Agabiti Rosei (Brescia, I)&lt;br&gt;In hypertension</td>
</tr>
<tr>
<td>09.30 a.m. - 10.00 a.m.</td>
<td>Gianfranco Parati (Milan, I)&lt;br&gt;Current role of Out-of-Office Blood Pressure in Hypertension Management Guidelines</td>
</tr>
<tr>
<td>10.00 a.m. - 10.30 a.m.</td>
<td>Vyacheslav Mareev (Moscow, RU)&lt;br&gt;In heart failure</td>
</tr>
<tr>
<td>10.30 a.m. - 11.00 a.m.</td>
<td>Mario Marzilli (Pisa, I)&lt;br&gt;Coronary stenosis and myocardial ischemia: an elusive link!</td>
</tr>
<tr>
<td>11.00 a.m. - 11.30 a.m.</td>
<td>Coffee break</td>
</tr>
</tbody>
</table>
## Session II - Arterial hypertension and end organ damage

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.30 a.m. - 12.00 p.m.</td>
<td>Alberto Zanchetti (Milan, I)</td>
<td>Antihypertensive treatment in the context of total cardiovascular risk</td>
</tr>
<tr>
<td>12.00 p.m. - 12.30 p.m.</td>
<td>Agostino Virdis (Pisa, I)</td>
<td>Uric acid and CV disease: how can we explain it?</td>
</tr>
<tr>
<td>12.30 p.m. - 01.00 p.m.</td>
<td>Alexandra Konradi (St. Petersburg, RU)</td>
<td>Hypertension and target organ damage</td>
</tr>
<tr>
<td>01.00 p.m. - 01.30 p.m.</td>
<td>Enrico Agabiti Rosei (Brescia, I)</td>
<td>Old and new treatments in hypertension</td>
</tr>
<tr>
<td>01.30 p.m. - 02.30 p.m.</td>
<td></td>
<td>Buffet Lunch</td>
</tr>
</tbody>
</table>

## Session III - Dyslipidemia and other comorbidities

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>02.30 p.m. - 03.00 p.m.</td>
<td>Giuseppe Mancia (Milan, I)</td>
<td>Sympathetic activation in cardiovascular diseases</td>
</tr>
<tr>
<td>03.00 p.m. - 03.30 p.m.</td>
<td>Francesco Fantin (Verona, I)</td>
<td>Obesity and CV risk in the elderly</td>
</tr>
<tr>
<td>03.30 p.m. - 04.00 p.m.</td>
<td>Alberico L. Catapano (Milan, I)</td>
<td>Intensive vs. early LDL lowering: two sides of the same coin</td>
</tr>
<tr>
<td>04.00 p.m. - 04.30 p.m.</td>
<td>Marat Ezhov (Moscow, RU)</td>
<td>Current pharmacological strategies in dyslipidemia management</td>
</tr>
<tr>
<td>04.30 p.m. - 05.00 p.m.</td>
<td></td>
<td>Coffee break</td>
</tr>
</tbody>
</table>
### Session IV - Changing the paradigm of illness

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>05.00 p.m. - 05.30 p.m.</td>
<td>Sergey Nedogoda (Volgograd, RU)</td>
<td>Practical pharmacoeconomics of arterial hypertension</td>
</tr>
<tr>
<td>05.30 p.m. - 06.00 p.m.</td>
<td>Andrey Kulikov (Moscow, RU)</td>
<td>Pharmacoeconomics based decision-making process</td>
</tr>
<tr>
<td>06.00 p.m. - 06.30 p.m.</td>
<td>Vasily Ryazhenov (Moscow, RU)</td>
<td>Saving lives by new technologies</td>
</tr>
</tbody>
</table>

### Saturday, September 23rd, 2017

#### Morning

**Cardiology of Tomorrow**

**Session V - Ischemic heart disease and stable angina**

<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker(s)</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>09.00 a.m. - 09.30 a.m.</td>
<td>Filippo Crea (Rome, I)</td>
<td>Coronary stenosis and beyond</td>
</tr>
<tr>
<td>09.30 a.m. - 10.00 a.m.</td>
<td>Yury Lopatin (Volgograd, RU)</td>
<td>Patient after myocardial revascularization: what we need to know?</td>
</tr>
<tr>
<td>10.00 a.m. - 10.30 a.m.</td>
<td>Juan Carlos Kaski (London, UK)</td>
<td>Microvascular angina: importance, pathogenesis and management</td>
</tr>
<tr>
<td>10.30 a.m. - 11.00 a.m.</td>
<td>Discussion</td>
<td></td>
</tr>
<tr>
<td>11.00 a.m. - 11.30 a.m.</td>
<td>Coffee break</td>
<td></td>
</tr>
</tbody>
</table>

**Chairpersons:**
- Marta Carpani (London, UK)
- Juan Carlos Kaski (London, UK)
- Alexandra Konradi (St. Petersburg, RU)

**Main Lecture**

- Antonio Coca (Barcelona, E)
  Combination treatment and organ damage
<table>
<thead>
<tr>
<th>Time</th>
<th>Speaker/Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>01.30 p.m. – 02.00 p.m.</td>
<td><strong>Grigory Arutyunov</strong> (Moscow, RU) <em>Natrium metabolism in the development of diastolic dysfunction</em></td>
</tr>
<tr>
<td>02.00 p.m. – 02.30 p.m.</td>
<td><strong>Carolyn Lam</strong> (Singapore, SGP) <em>HFP EF of the future - treatments in the pipeline</em></td>
</tr>
<tr>
<td>02.30 p.m. – 03.00 p.m.</td>
<td><strong>Petar M. Seferovic</strong> (Belgrade, SRB) <em>ESC/HFA guidelines 2016: a critical overview</em></td>
</tr>
<tr>
<td>03.00 p.m. – 03.30 p.m.</td>
<td><strong>Andrew J.S. Coats</strong> (Melbourne, AUS) <em>Comorbidities in the complex heart failure patient</em></td>
</tr>
<tr>
<td>03.30 p.m. – 04.00 p.m.</td>
<td><strong>Giuseppe Rosano</strong> (London, UK) <em>Management of comorbidities in heart failure</em></td>
</tr>
<tr>
<td>04.00 p.m. – 04.30 p.m.</td>
<td><strong>CONCLUDING REMARKS</strong></td>
</tr>
</tbody>
</table>
Enrico Agabiti Rosei (Brescia, I)
Grigory Arutyunov (Moscow, RU)
Marta Carpani (London, UK)
Alberico L. Catapano (Milan, I)
Andrew J.S. Coats (Melbourne, AUS)
Antonio Coca (Barcelona, E)
Filippo Crea (Rome, I)
Marat Ezhov (Moscow, RU)
Francesco Fantin (Verona, I)
Juan Carlos Kaski (London, UK)
Alexandra Konradi (St. Petersburg, RU)
Andrey Kulikov (Moscow, RU)
Edward Lakatta (Baltimore, USA)

Carolyn Lam (Singapore, SGP)
Yury Lopatin (Volgograd, RU)
Giuseppe Mancia (Milan, I)
Vyacheslav Mareev (Moscow, RU)
Mario Marzilli (Pisa, I)
Sergey Nedogoda (Volgograd, RU)
Gianfranco Parati (Milan, I)
Giuseppe Rosano (London, UK)
Vasiliy Ryazhenov (Moscow, RU)
Petar M. Seferovic (Belgrade, SRB)
Evgeny Shlyakhto (St. Petersburg, RU)
Agostino Virdis (Pisa, I)
Alberto Zanchetti (Milan, I)
| **MEETING VENUE** | The venue for the Opening Ceremony will be the Philarmonia - Nevskiy avenue 30, St. Petersburg.  
The venue for the Meeting will be the Almazov National Medical Research Centre 2 Akkuratova st., St. Petersburg. |
|**SECRETARIAT DURING THE MEETING** | The Secretariat will be open at the following times:  
At Philarmonia:  
Thursday, September 21st, from 03:00 p.m. to 07:00 p.m.  
At Almazov National Medical Research Centre:  
Friday, September 22nd, from 08:00 a.m. to 06:00 p.m.  
Saturday, September 23rd, from 08:00 a.m. to 04:30 p.m. |
|**OFFICIAL LANGUAGE** | The official language of the Meeting will be English.  
A service of simultaneous translation from English to Russian will be provided. |
|**REGISTRATIONS** | The Meeting is free to attend.  
Please confirm the participation to the Organizing Secretariat: DueCi Promotion srl  
Phone: +39 051 4841310 - Fax: +39 051 247165  
E-mail: fschiassi@duecipromotion.com; afrignani@duecipromotion.com within September 8th. |
Facilities will be available for computer presentations and overhead projections. A business center with PC (PowerPoint for Windows) will be available for check and preview of presentations. It is essential that speakers take their presentation to the business center at least one hour before the session starts.

The center will be open at the following times:

At **Philarmonia**:
Thursday, September 21\textsuperscript{st}, from 03:00 p.m. to 07:00 p.m.

At **Almazov National Medical Research Centre**:
Friday, September 22\textsuperscript{nd}, from 08:00 a.m. to 06:00 p.m.
Saturday, September 23\textsuperscript{rd}, from 08:00 a.m. to 04:30 p.m.

For information on hotels in St. Petersburg, please refer to our local agency:
Events Plus - E-mail: viktoria@conferencesandcongresses.ru

Lunches and coffee breaks will be served in the Meeting area.
For more information and registration please visit:

www.fondazione-menarini.it